



UNICEF SOMALIA

Report UNICEF

Breast Feeding U-Report Poll

August 2024

U-Report is a digital messaging platform for community participation.

It's a key tool to share information, raise awareness, and collect quantifiable data on specific areas that impact children. Responses received are analysed in real-time, and mapped, and feedback is shared to inform programming and advocacy.

U- Report works through partners including government partners, Civil Society Organizations, and UN Agencies

102,071 U-Reporters in Somalia partnering with
35,540,913 U-Reporters in
100 countries worldwide

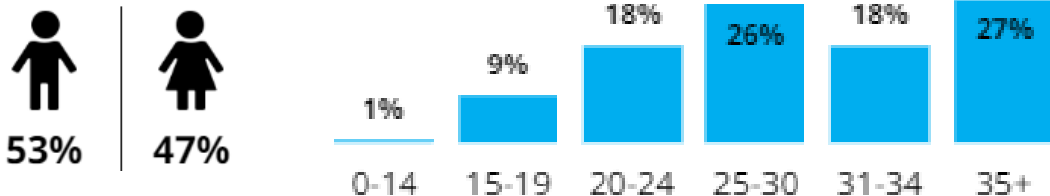
During World Breastfeeding Week, the Nutrition section utilized U-Report (UNICEF's digital community engagement platform) to assess the community's knowledge, attitudes, and practices on breastfeeding

[Click on the link for the full report:](#)

<https://somalia.ureport.in/opinion/7429/>

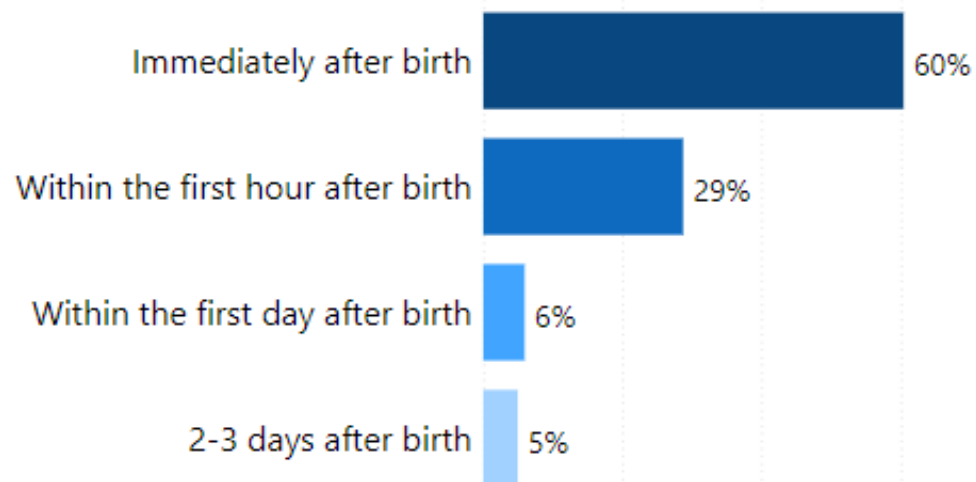
Demographics – Participation

102,071 U-Reporters



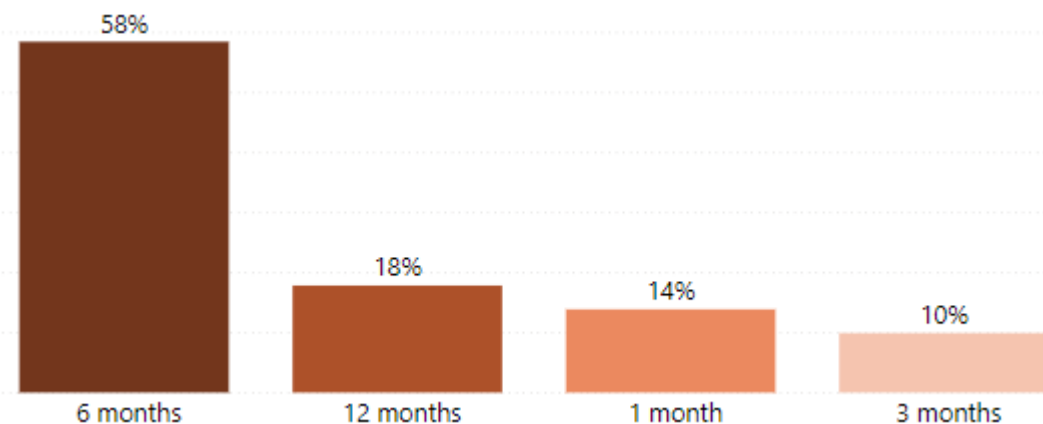
The poll was sent to 102,071 U-Reporters across Somalia, 53% were male and 47% female. Most respondents (55%) were under 30 years old.

1. When should I start breastfeeding?



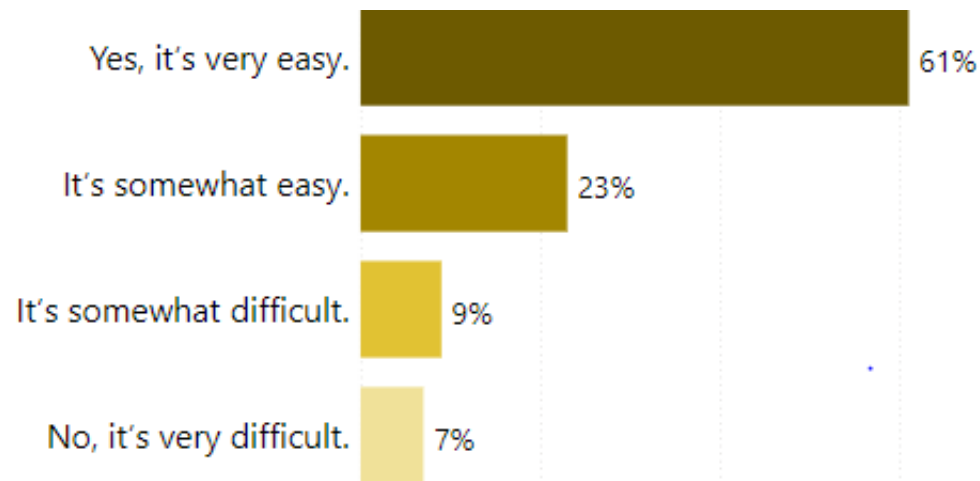
The survey revealed that 61% of respondents believe breastfeeding should start immediately after birth, with 29% advocating for within the first hour, 6% within the first day, and 5% after 2-3 days.

2. How long do you think a baby should be exclusively breastfed?



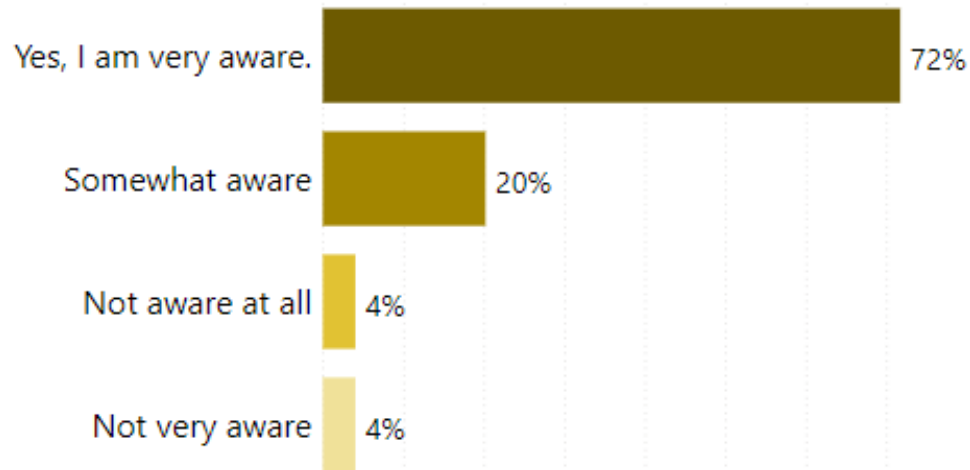
59% of respondents believe exclusive breastfeeding should last for 6 months, followed by 18% for 12 months, 14% for 1 month, and 10% for 3 months

3. Is breastfeeding easy?



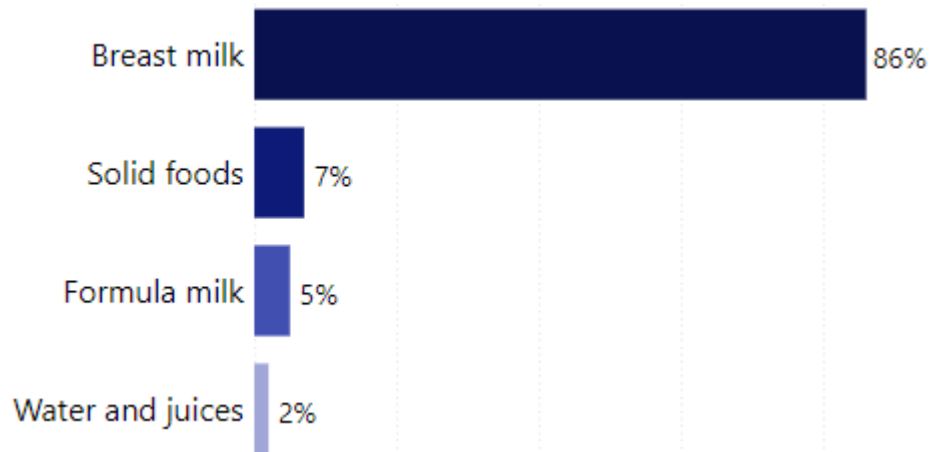
Results showed that 61% of respondents find breastfeeding very easy, 23% somewhat easy, 9% somewhat difficult, and 7% find it very difficult.

4. Are you aware of the benefits of breastfeeding?



The majority of respondents (71%) are very aware of the benefits of breastfeeding, while a smaller portion is somewhat aware (20%) or not aware at all (8%).

5. What is the best food for a child less than six months?



Most respondents (86%) believe that breast milk is the best food for a child under six months, while only a small percentage consider formula milk (5%), solid foods (7%), or water and juices (2%) as suitable options.

Conclusion:

The survey indicates a strong understanding and favorable attitude towards breastfeeding within the community, with significant awareness of its benefits and widespread support for its initiation and exclusive duration.

The data also highlights the need to continue promoting and supporting breastfeeding practices to ensure optimal infant health and nutrition.

For the full report, click [Here](#)

